Overview

• **Leaning collaborative updates** — 20 minutes
  – Integrated Care Collaborative (ICC)
  – Equity Collaborative (EC)

• **Discussion** — 15 minutes
Integrated Care Collaborative
Integrated Care Collaborative

**Rapid Cycle Improvement**
- Partnership & Peer-to-Peer Learning
- Integration Expertise

**Structure**
- Quarterly in-person learning events
- Monthly content training webinars
- SWACH Learning Community
- Coaching

**Systems Change & Sustainability**
- Internal infrastructures
- Role of MCO’s
- Support beyond ICC and MTP
Integrated Care Collaborative

Guide Team
- Children’s Center
- Family Solutions
- Legacy Health
- Rose Medical Group
- Columbia River Mental Health Services
- Sea Mar Community Health Center
- Providence Health & Services

Participant Teams
1. Child and Adolescent Clinic & Children’s Home Society
2. Children’s Center
3. Comprehensive Healthcare
4. Family Solutions
5. Klickitat Valley Health
6. Legacy Health & Children’s Center
7. Rose Medical Group & Columbia River Mental Health Services
8. Sea Mar Community Health Center
9. Skyline Family Medicine Clinic & Skamania County Community Health
<table>
<thead>
<tr>
<th>Reducing Barriers to Care</th>
<th>Changing Care Delivery</th>
<th>Building Relationships</th>
<th>Laying the Foundation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Care Coordination</strong></td>
<td><strong>Enhanced Access</strong></td>
<td><strong>Patient Centered Interactions</strong></td>
<td><strong>Organized, Evidence Based Care</strong></td>
</tr>
<tr>
<td>I.1 Level of integration: primary care and mental/behavioral health care</td>
<td>I.12 Accessibility and efficiency of behavioral health practitioners</td>
<td>I.5 Patient/family involvement in care plan</td>
<td>I.10 Patient care that is based on (or informed by) best practice evidence for prescribing of psychotropic medications</td>
</tr>
<tr>
<td>I.3 Treatment plan(s) for primary care and behavioral/mental health care</td>
<td></td>
<td>I.6 Communication with patients about integrated care</td>
<td></td>
</tr>
<tr>
<td>I.7 Follow-up of assessments, tests, treatment, referrals and other services</td>
<td></td>
<td>I.7 Patient/family input to integration management</td>
<td></td>
</tr>
<tr>
<td>I.8 Social support (for patients to implement recommended treatment)</td>
<td></td>
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<tr>
<td>I.9 Linking to Community Resources</td>
<td></td>
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<tr>
<td>I.4 Continuity of care between primary care and behavioral/mental health</td>
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<td></td>
</tr>
<tr>
<td>I.5 Coordination of referrals and specialists</td>
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</tbody>
</table>
How does your clinic compare to other participants in the Collaborative?

<table>
<thead>
<tr>
<th>By Stage</th>
<th>Your Clinic</th>
<th>Collaborative Average</th>
<th>Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reducing Barriers to Care</td>
<td>66%</td>
<td>57%</td>
<td>30% - 99%</td>
</tr>
<tr>
<td>Changing Care Delivery</td>
<td>70%</td>
<td>56%</td>
<td>43% - 78%</td>
</tr>
<tr>
<td>Building Relationships</td>
<td>56%</td>
<td>52%</td>
<td>28% - 68%</td>
</tr>
<tr>
<td>Laying the Foundation</td>
<td>53%</td>
<td>53%</td>
<td>38% - 73%</td>
</tr>
</tbody>
</table>

By Change Concept Score

- Leadership: 40%
- Quality Improvement Strategy: 90%
- Empanelment: 90%
- Team-Based Healing Relationships: 48%
- Organized, Evidence-based Care: 100%
- Patient-Centered Interactions: 60%
- Enhanced Access: 10%
- Care Coordination: 74%

Your clinic = light blue

Each MeHAF question is scored between 1 and 10; we calculated change concept and stage scores by adding up the baseline scores for each question associated with the concept or stage, and comparing to the total number of points possible. We calculated scores for each participating clinic and averaged scores across Collaborative participants as a whole.

Baseline MeHAF assessments were submitted to SWACH as part of baseline reporting for contracted partners.
Value to Participants

- Peer learning
- Session content
- Access to expertise / Coaching
- Dedicated time
Challenges

• Capacity to do the work
• Engagement of staff, leadership, patients/clients
• Recruitment and retention of workforce
• Technology / data sharing
Equity Collaborative
Equity Collaborative

Structure

- Monthly in-person meetings to support an organizational equity assessment (in 2019) and the implementation an equity plan (in 2020)
- Two EC representatives from each organization
- SWACH Learning Community
- Coaching

Cadence

- Quarterly, representatives report out to the Collaborative the process they’ve made on—and challenges they’ve had with—their identified milestones
- Interim meetings are reserved for content, education, and training requested by participants
Equity Collaborative

**Participant Teams**

1. Children's Center
2. Children’s Home Society
3. Columbia River Mental Health Services
4. SeaMar/CSNW
5. Council for the Homeless
6. Family Solutions
7. Kaiser Permanente
8. Klickitat Valley Health
9. Lutheran Community Services Northwest
10. Providence

11. Share
12. Skyline Hospital
13. Cascade Pacific Action Alliance*
14. Center for Outcomes Research and Education*

*EC Participants not funded
Which Equity Assessments are Partners Using?

- Dancing on Live Embers: 5
- MMT DEI Spectrum Tool: 5
- Race Matters: 5
- Coalition of Communities of Color: 3

 Majority of organizations are using multiple tools, combining sections and elements to meet their needs.
## Change Package

<table>
<thead>
<tr>
<th>Representation</th>
<th>Value</th>
<th>Decision-Making Process</th>
<th>Outcomes</th>
<th>Resource Allocation</th>
</tr>
</thead>
<tbody>
<tr>
<td>The workforce and leadership reflect the diversity of the broader community.</td>
<td>Labor, experience, and expertise are visibly honored and valued by the organization.</td>
<td>The decision-making process of the organization is clearly defined and inclusive.</td>
<td>Service and client/patient outcomes demonstrate consistent and congruent measures across demographic differences such as race, class, gender, sexual identity, et cetera</td>
<td>Resources are allocated to implement and sustain equitable practices within the organization.</td>
</tr>
</tbody>
</table>
Value to Participants

- Peer learning/collaboration
- Session content
- Coaching
- Dedicated time
Equity Assessments: Key Successes / Unexpected Wins

- Assessment process started conversations between staff | staff are engaged
- Building awareness of racial inequity
- Partnership has been good for morale and helpful for future equity work
- Response from others [to complete the assessment] has been overwhelmingly positive and energetic
- Discovering the differences in perspective across staff
Discussion
Discussion

How can SWACH support partners:

1. Recruitment/Retention of behavioral health providers?
2. Sustain integration efforts beyond MTP?
3. Bridge an understanding of DEI work across geographic and demographic regions (e.g. rural and urban areas?)
4. Make DEI work sustainable?
Thank you!

Questions?

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