SWACH Regional Health Improvement Plan Council Meeting
July 16, 2019

MINUTES

In attendance: Dawn Tolotti, Andy Tucker, Alan Melnick, Beth Spinning, Brad Berry, Charlie Mitchell, Jackie Ross, Kate Budd, Leah Becknell, Maria Calvert, Debbie Whipple, Austin Lea, Kim Schneiderman, Bridgette Fahnbulleh, Jessica DeFrees, Tracey Jennings, Andrew Missel, Daniel Smith, Bonnie Holdahl

Staff/Consultants: Jamie Smeland, Barbe West, Eric McNair Scott, Brette Greenwood-Wing, Brandi Williams, Dominique Horn, Diana Avalos-Leos, Jack Coleman, Ren Autrey (CHAPS), Sara Angelo (CHAPS), Heather England (Rose Village CHW)

Action Items:

- Hold dates from Save the Dates flyer on your calendar
- Share RHIP Committee application with people you believe may be interested in participating; we are seeking additional representation from:
  - Community members with lived experience using Medicaid
  - Community members representative of culturally specific groups
  - Residents of Skamania and Klickitat counties
  - Tribal Nation members
  - Community Health Workers and Peers
- Send Suggestions for September Meeting agenda items to Jamie
- Make sure you are receiving and reading the HLC and SWACH Newsletters; follow up with SWACH staff if you are not receiving them
- Watch the SWACH Learning Community webinar: https://www.youtube.com/watch?v=Ab7wfVYsraE&feature=youtu.be
- Review the finalized charter

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| Welcome & Introductions | Meeting Objectives  
- Identify opportunities to support Peer and Community Health Worker (CHW) workforce development |              |
### Review Minutes and Action Items from May RHIP Meeting
Dawn Tolotti asked for a review and approval of the May meeting minutes.
- Beth Spinning moved, Alan Melnick seconded motion to approve minutes from the May 2019 meeting with no edits; motion passed unanimously.

Jamie Smeland reviewed the updates made to the RHIP council Charter since the May meeting.
- Alan Melnick moved, Kate Budd seconded, motion to approve the charter as updated; motion passed unanimously.

### SWACH Updates
Barbe West provided information on SWACH staff changes and other updates
- Daniel Smith is now with CHPW and Kachina Inman moved with her family to Eugene.
- Molly Haynes will be joining SWACH as the Deputy Director on July 31st.
- 5 partners who still have not signed contracts but have agreements to move forward with the work. Hope to have all contracts finalized within next month.
- The next Semi-Annual Report (SAR) is due to the HCA by the end of the month. Staff has been working to complete the report and is on target to submit early.
- SWACH Board of Trustees is working on strategic planning. Part of the August Board meeting will begin in-depth retreat work, with a full day retreat on October 24th to complete the work. Would like RHIP members to join at the end of the October meeting – approx. 3:30 on October 24th. Convening of the two groups to talk about the future state of SWACH.
- HCA has to do periodic inspections – outside reviewers (Meyers and Stafford) will be doing on-site visits with all ACHs. They are requesting information and time with all of the workgroups; September RHIP meeting may be consumed by these reviewers.

### Peer and CHW Workforce Development
Jamie Smeland welcomed several guest presenters to the RHIP Meeting to discuss CHW/Peer work in our community and where there are opportunities to partner and support workforce development.

Brad Berry discussed the work CVAB does.
- CVAB operates a number of programs across the region and state.
- Across the organization staff peer run group – majority of board and staff are in recovery mental health or substance abuse.
- Values driven organization and trauma informed.
- 3 assumptions – if we engage with them, they are looking for something better, assuming they have had trauma, assume they can get better – they are strong and can get through it.
- Strength based organization – don’t seek certain outcome, allow client to build on strengths. If there are deficits, we can support to improve those.
- Recovery approach – inspiring hope and feeling empowered, it’s not just the current circumstances.
Peer support is the tool to bring Recovery approach together with Medical and Rehabilitation approaches.

- We are HOPESTERS.
- Peer support voluntary, based on mutual respect. Does not adhere to any one model.
- Diagnosis is not important – where are you now and where do you want to go. Find common experience.
- CVAB trains people across the state to do peer work. 14 trainings a year for the state.
- Helping is the sunny side of control. We support. Built around set of core competencies.
- Among the many things CVAB Peers are doing – 6 peers embedded with CSNW for Crisis support.
- Evidence/data supports peer services – huge outcomes.
- Most of CVAB is non-insurance based.
- Currently no CEUs required for maintaining Peer Certification but working with state to require.

Brandi Williams, Dominique Horn, and Heather England presented on The Rose Village CHW Team and Educational Community Health Advocate (ECHA) work at McLoughlin Middle School

- HLC brought together Rose Village team, trusted members of community
- 90 hour training
- Do community building events, like National night out, events that bring food to the neighborhood, have worked with neighborhood association to do street murals. Worked with Washington elementary for a soccer team.
- Advocacy – like Route 39. Hearing in real time from the community and take that information to people who are able to make changes.
- ECHA – not here to be a cheerleader for the school, here to make system changes.
- Concern surfaced from the kids about how to interact with police, so created Knowing is Power event. 5 panelists, including 4 law enforcement and a civil rights lawyer. Want kids involved in the planning for the next event. ACLU Washington website has a lot of information for know your rights. This was shared learning experience – youth learned what their rights are, but Law Enforcement also learned about how build trust and work with communities of color. LE interested in moving forward with how to learn from our community.
- Event recap: https://healthylivingcollaborative.org/knowing-is-power-event-recap/

Ren Autrey and Sara Angelo presented on the Community Health Advocate and Peer Support (CHAPS) Network

- Growing grassroots network.
• We recognize there are a ton of titles and roles, but we are community-based workers.
• Workforce development – hosting trainings, and resources sharing events, Lunch and learn – rotating venues to learn all the details about the resource and how it might actually be accessible by people in the community.
• Using the WA Portal Learning Community to share documents and collaborate across the state.
• Any way that we can help support and engage the community-based workforce we are looking to do it more effectively.
• Recruiting and supporting leadership for the movement.
• Hosting the Community Health Advocate & Peer Workforce Expo event on Friday October 18th at Firstenburg Community Center, 12:30 – 2:30 pm.

RHIP Council Members then broke into small group sessions to hear more in-depth information about these programs. Key takeaways from the small group sessions include:
• NW Justice project and Rose Village CHW team to provide educational training and direct referral resources
• NW Health – policy advocacy and connection with HLC Policy Committee
• CVAB to work more closely with SWACH and in rural communities to promote Peer support
• Need to look beyond clinical systems
• Trauma informed work
• Treatment is part of the answer – need investments in many areas, social determinants
• Community coming together
• CHAPS – Expo will be opportunity to honor unique parts of the community-based work. Meeting people where they are. Dive deep into how to partner. Highlighting agencies supporting the work, sponsorships for travel
• How do we collect data on outcomes?

**Next Steps and closing**

Jack Coleman reminded RHIP Council members to please read the SWACH and HLC newsletters, and to let him or another staff member know if you are not receiving them.

Jamie Smeland requested that all RHIP Council members view the Learning Community webinar (https://www.youtube.com/watch?v=Ab7wfVYsraE&feature=youtu.be)

RHIP members were asked to submit any suggestions for agenda items for the September meeting to Jamie.

**Live evaluation:**
• Very helpful, learned something
• Would have liked to be able to rotate through all of the groups

Follow up with SWACH staff if you are not receiving newsletters
Send agenda items to Jamie