

2018 Metrics

- 516 classes and activities held to support mental health in Clark, Cowlitz, Skamania, and Wahkiakum counties
- 1,276 individuals attended NAMI SW WA support groups
- 889 individuals participated in NAMI SW WA signature classes (e.g. Family to Family, Basics, Peer to Peer)
- 611 individuals joined a NAMI SW WA outreach event (e.g. classes at Clark County Jail, PeaceHealth, etc.)
- 501 individuals attended a community education program (e.g. SEE ME, PTA)
- 4,558 hours contributed by NAMI SW WA volunteers
- 2,028 newsletters sent every month to educate and inform Southwest Washington about mental health issues
- Sign up for our newsletter at namiswwa.org