



Behavioral Health Advisory Board (BHAB)

April 16, 2019

MINUTES

In Attendance: Kathy McNicholas, Keri Stanberry, Matti Neal, Rick Doster, Sela Barker, Sam Lewis (Beacon), Brette Greenwood-Wing (SWACH), Jack Coleman (SWACH), Larry Worthington (Recovery Café), Alicia Molina (Molina), Shauna McCloskey (Clark County Superior Court Treatment Courts), Larisa Klein (Rainier Springs), David Jones (Rainier Springs)

Via Phone:

Absent (excused): Cyndi Smith, Sasha Bentley, Charles Hanset

Absent (unknown): Nika Kermani, Marcia Roi, Ellen Schanen, Kay Roberson, Christina Kaufman

Topic	Summary	Action Items
Introductions and Icebreaker		
Community Updates	<ul style="list-style-type: none"> • Clark County Collective Impact Opioid Taskforce – April 26, 2-4 pm, Water Resources Center • Drug Take Back – April 27, 10 am – 2 pm Various Locations • CHAPS Working Peers Lunch and Learn May 6, 12 pm, Recovery Resource Center • HLC Policy Committee and HLC Committee seeking new members. More information and how to apply here: https://healthylivingcollaborative.org/seeking-new-members-for-key-hlc-committees/ • SWACH Board of Trustees recruiting new members https://southwestach.org/seeking-board-members-for-southwest-washington-accountable-community-of-health-swach/ 	
Approve March Meeting Minutes	The Board did not have enough members present at the meeting who had attended the last meeting to vote on the minutes. These will be voted on at the May meeting.	
Special Guest Presenter, Shauna McCloskey, Clark County Superior Court	Shauna McCloskey with the Clark County Superior Court presented on the Therapeutic Courts (Drug Court, Residential DOSA Drug Court, Juvenile Recovery Court, Family Treatment Court). <ul style="list-style-type: none"> • Public Safety and public health come together. • Therapeutic Courts started about 30 years ago. Started with one judge in Florida who had this idea, and created nationwide movement. • Provide a closer accountability. • Over time, saw a lot of powerful success stories 	



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	<ul style="list-style-type: none"> • Reaching 20-year anniversary of Clark County Therapeutic Court. • Collaborative effort to bring all the partners to the table to recruit for treatment keep the clients in the program and through the finish line. • All programs are voluntary. • Peer mentors are part of the program. • Must have moderate to severe substance abuse disorder – might start with residential treatment. • For long term recovery to happen must see internal change. • Use a system of rewards and incentives. Treat the illness (addiction), punish the bad behavior (lying, stealing, etc.) Because there is an incentive, clients engage long enough to make that internal change needed to be really successful. • Prosecutors have done a good job of educating crime victims that drug court is not the easy way out and ultimately is better for overall public safety. • Addiction doesn't happen in a vacuum – look at the whole family system, work holistically, person centered, individual plan. • About 58 % of people who complete therapeutic court in Clark County never get rearrested. About 45% who start, complete the therapeutic court program. • Every 2 years Judges rotate which impacts program. • Prosecutors make the final decision on who can enter therapeutic court, but usually have multiple chances at the program (even if you failed out of the program previously). • Peers and recovery coaches involved with most programs in Clark County. • Expectations increase over the course of the program. • Team recommends rewards/sanctions to Judge, Judge makes decision. • Juvenile system has slightly different approach. • Variety of funding sources – recovery housing is a very high need. • Save a ton of money when we divert kids from foster care or people from jail. Over 2 years save \$3.65 MM just in incarceration costs (does not include cost of hospitalizations, etc.) • May 2nd -20th year anniversary celebration noon – 1:15 pm. • All hearings are open to the public if you'd like to learn more about any of the programs. 	



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	<ul style="list-style-type: none"> • Keri Stanberry shared personal story of how therapeutic court changed her life. 	
<p>Special Guest Presenter, Larisa Klein, Rainier Springs</p>	<p>Larisa Klein with Rainier Springs presented on the services available at the facility which opened in October.</p> <ul style="list-style-type: none"> • Springstone is parent company – 17 hospitals across the country. • 72 acute care beds, 48 mental health and 24 detox beds • Open doors in October 2018 with only 10 beds. February were able to have 36 beds available. • Average stay is 7-10 days. • Hoping to create an atmosphere that reduces trauma from entering a locked facility. • 3 units, 24 beds each, each unit has their own courtyard. • Outpatient lobby is separate from inpatient lobby. • Get somebody help when they need help – rapid access. – within 15 minutes their vitals are taken and moved to a treatment room. 24/7 call center available, online quick chat, etc. • Not currently using peer support or recovery coaches. • Programming is co-ed, bedrooms are gender specific. 2 people to a room. • Intake assessment covers mental and substance abuse health; physical done with internist within 24 hours of intake. 	
<p>Block Grant Update</p>	<p>Sam Lewis with Beacon Health Options provided some clarification on questions that have arisen regarding the block grant funds since last meeting</p> <ul style="list-style-type: none"> • Block Grants are funding non-Medicaid services. • MHBG and SABG are totally different grants. • SABG – large portion pre-allocated to services for uninsured people. • Awards announcement includes organizations receiving funds for uninsured people. • NAMI Changes – <ul style="list-style-type: none"> ○ services they are discontinuing are the ones they are billing to Medicaid. ○ Peer to peer, family to family services are covered by block grant and those are not changing. ○ Might shift to community based ○ If they are going to stop or change the services that are currently being funded, Beacon will change funding or amend contract. 	



Topic	Summary	Action Items
Closing thoughts, questions, wrap up	<p>Keri Stanberry talked about the CHW Conference in Wenatchee that she attended last week. She felt very positive about the experience and had really great conversations with everyone there</p> <p>Sela Barker announced that her last day with CHPW (and in the workforce) will be May 17th.</p> <p>Next meeting: May 21, 2019, Molina offices in Vancouver</p>	